



JEROEN BREGMAN

Curriculum Vitae

Date of Birth: January 29, 2001

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Nationality: Dutch

Driver's License: Valid

I'm a creative media designer with a strong mix of structure, curiosity and storytelling. I enjoy solving problems, creating clean and cinematic visuals, and helping people by explaining things simply. My experience living abroad and working in hospitality made me independent, social and calm under pressure. I'm always learning, always improving and passionate about growing in content creation and digital storytelling.

Relevant Experience

EDUCATION

2017 – 2021

MBO4 – Media Design

Specialization: **Creative Technology** at Cibap School of Design, Zwolle

2013 – 2017

HAVO – RSG Wolfsbos

Subjects: Dutch, English, German, Chemistry, Math B, Biology.

Location: Groene Driehoek, Hoogeveen

INTERNATIONAL EXPERIENCE

2021 – 2023

BRAZIL, Bahia – Independent living, working & integration

Nov 2019

CHINA, Suzhou – International creative collaboration project

MEDIA, DESIGN & PROJECT EXPERIENCE

Jan 2021 – Jul 2021

Xplosief – Media Company, Zwolle

Aug 2020

Freelance – Zeven Linden College

Jan 2020 – Jul 2020

Top of the Hill – Media Company, Zwolle

Jan 2019 – Jul 2019

Viesueel Geweld – Media Company, Groningen

ADDITIONAL EXPERIENCE

Oct 2023 – Present

RCN, Dwingeloo – Floor Manager, Service

Jul 2022 – Oct 2022

Jumbo, Meppel – Cashier & Bakery Assistant

Apr 2017 – Nov 2017

Hotel Kuik, Ruinen – Service & Guest Reception

Photoshop



Illustrator



InDesign



Premiere Pro



After Effects



Unity (AR)



Wordpress



OBS



Languages

DUTCH – Native speaker

ENGLISH – Very good

GERMAN – Basic knowledge

PORTUGUESE – Basic knowledge

Check my Portfolio Website



Timeline – My Creative Journey

Oct 2023 – Sep 2025 | Brasserie De Komeet – Dwingeloo

Started as a server and advanced to floor manager.

Led the team, planned events, and ensured guests had a great experience.

Managed social media, inventory, and day-to-day operations.

Focus: leadership, communication & organization.

2021 – 2023 | Brazil – São Domingos (Bahia)

Lived, worked, and integrated independently for over a year.

Grew in self-sufficiency, cultural adaptability, and accountability.

Focus: adaptability & independence.

Jan 2021 – Jul 2021 | Xplosief Media Company – Zwolle

Coordinated and designed a sustainable city project.

Created an AR experience and collaborated with Windesheim and Zone.college.

Focus: concept development, technology & storytelling.

2019 – 2023 | Streaming & Content Creation (Twitch / YouTube)

Produced livestreams and video content using OBS, lighting, and sound.

Designed graphics, overlays, and promotional materials (Adobe CC).

Focus: storytelling, content creation & community involvement.

Aug 2020 | Freelance – Zeven Linden College

Designed an infographic and informational wall board from concept to completion.

Handled direct client communication and managed projects independently.

Focus: visual design & self-management.

Jan 2020 – Jul 2020 | Top of the Hill – Zwolle

Supported production for the Zwolle Unlimited festival.

Created promotional materials and branding; helped with planning.

Focus: event production & visual identity.

Jan 2019 – Jul 2019 | Viesueel Geweld – Groningen

Led creative media workshops for students.

Developed videos for the international Sencity festival.

Focus: education, teamwork & media production.

Nov 2019 | China – Suzhou Art & Design Technology Institute

International collaboration project with Chinese students.

Worked creatively in a new culture and environment.

Focus: cross-cultural communication & teamwork.

2017 – 2021 | Cibap Vocational School for Design – Zwolle

MBO4 Media Design (Creative Technology).

Specialized in design, storytelling, and technical media.

Focus: creative technology & visual thinking.